Study program: Special education and rehabilitation for persons with difficulties in mental development

Type and level of studies: Master academic studies

Title of the subject: Mental health in people with intellectual disabilities

Lecturer: Milačić-Vidojević R. Ivona

Course status: Elective course of the module

ECTS: 5

Prerequisites: none

Aim:

Understanding the bio-psycho-social and developmental needs of people with intellectual disability (ID), getting acquainted with processes which lead to healthy psychological development and assessing risk factors leading to mental illness, getting acquainted with methods of assessment, diagnosis and treatment.

Outcomes:

Students will gain knowledge of bio-psycho-social factors of mental health. They will be acquainted with methods of assessment, diagnosis and treatment of persons with ID who have mental health disorders. They will be able to contribute to cooperation in a multidisciplinary team that provides assistance to people with ID who have reported behavioral problems and mental illnesses.

Content

Lectures:

The concept of mental health, what are mental health problems, what are mental disorders, mental health and ID. Children and young people with ID and mental disorders. Adults with ID and mental disorders. Assesing and diagnosing mental illness in people with ID. Treating people with mental health issues. Mental health of individuals with autism spectrum disorders. Behavior disorders among people with ID. Offenders with ID. Mental health of women with ID. Specialized services for people with ID and mental disorders. Family support. Prevention of mental and behavioral disorders in people with ID. General principles and basic legal and ethical questions in people with ID. Quality of life in persons with ID. Burn-out syndrome among staff who work with persons having ID.

Practical work:

In the teaching centers, students will write short papers based on interviews with people with ID covering the concepts listed in the course contents.

Literature:

- 1. Holt, G., Hardy, S., Bouras, N. (2013). Mental health in Intellectual Disabilities. Pavilion Publishing and Media Ltd. ISBN:978-1-908066-22-0.
- 1. Milačić-Vidojević, I., Dragojević, N. (2010). Klinička ispoljavanja, dijagnoza i tretman depresije kod osoba sa intelektualnom ometenošću, *Beogradska defektološka škola*, 2, 361-375.
- 2. Milačić-Vidojević, I., Dragojević, N. (2012). Stigma prema osobama sa intelektualnom ometenošću, U M. Gligorović & S. Kaljača (ur.), *Kognitivne i adaptivne sposobnosti dece s lakom intelektualnom ometenošću*. Univerzitet u Beogradu, FASPER, 92-111. ISBN 978-86-6203-027-6.
- 3. Milačić-Vidojević, I., Dragojević, N., Brojčin, B. (2012). Efikasnost psiholoških oblika rada sa osobama sa intelektualnom ometenošću, *Specijalna edukacija i rehabilitacija*, 11 (2), 285-305.
- 4. Milačić, I. (1997). Bihejvioralna terapija. U S. Bojanin, I. Milačić, M. Selaković (ur.), *Autizam*. Zavet, Beograd, 107-122. ISBN 86-7034-025-9.

Number of active classes	Lecture: 2 hours weekly	Practical work: 1 hour weekly
per week 3 hours weekly	,	,

Teaching methods:

Lectures, practical work, disscusion, multimedia presentation, internet

Evaluation of knowledge (maximum score 100)						
Pre obligations	Score	Final exam	Score			
activites during the lectures	5	written exam				

practical teaching	15	oral exam	70
midterm(s)			
seminars	10		